

# **Christienne Dyslin, Ph.D.**

Division of Psychology and Counseling  
Governors State University  
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## **EDUCATION**

- 1997-99      **Post-Doctoral Fellowship**  
Center for the Study of Family Violence and Sexual Assault  
Anxiety Disorders Service/Psychological Services Center  
Northern Illinois University, DeKalb, IL
- 1997          **Doctor of Philosophy**, Psychology Department  
Northern Illinois University, DeKalb, IL  
Concentration: Clinical Psychology (APA accredited)
- Clinical Internship:** (8/96-8/97) Veterans Affairs Medical Center, Hines, IL  
(APA accredited) Rotations: substance abuse treatment, neuropsychology, outpatient clinic
- 1993          **Master of Arts**, Psychology Department (APA accredited)  
Northern Illinois University, DeKalb, IL
- 1983          **Bachelor of Arts**  
Northern Illinois University, DeKalb, IL  
Major: Psychology

## **PROFESSIONAL LICENSES AND CREDENTIALS**

**Illinois** - Clinical Psychologist, #071-005917

## **MEMBERSHIPS**

American Psychological Association

APA Division 36 – The Society for the Psychology of Religion and Spirituality

APA Division 44 - The Society for the Psychological Study of Lesbian, Gay, Bisexual and Transgender Issues

Midwestern Psychological Association

## **PROFESSIONAL EXPERIENCE**

8/11 – present      Associate Professor of Psychology  
9/12 – present      Coordinator – MA Psychology Program  
8/08 – 9/12        Clinical Training Coordinator - Psychology  
8/06 – 7/11        Assistant Professor of Psychology  
Governors State University  
University Park, IL

### Undergraduate Courses Taught:

Abnormal Psychology; Lab in Personal Stress Management; Learning & Cognition; Principles of Learning and Behavior; Principles of Psychology; Psychological Issues and Social Values; Research Methods; Theories of Personality

### Graduate Courses Taught:

Advanced Research Seminar; Clinical Practicum; Clinical Internship; Group Psychotherapy; Special Topics in Psychology-The Psychology of Spiritual Development; Theories of Psychotherapy; Thesis Chair

### Service:

Program Coordinator-Graduate Psychology (2012-present); Clinical Training Coordinator – Psychology (2008-2012); Graduate Psychology Program Review (Co-chair, 2012); Graduate Psychology Admissions Committee (2006-present, Chairperson 2012-present); Division Personnel Committee (2011 – 2013); Faculty Search Committees (2008, chair 2010, 2013); Undergraduate Psychology Curriculum Revision (2006); Graduate Psychology Curriculum Revision (2008, 2013); College of Education Budget Committee (2006-2008); HLC subcommittee - criterion 4 (2008-09); Faculty Development Advisory Committee (2009-2014, Vice-Chairperson 2011-2014); Associate Provost Search Committee (2011), Program Elimination Review Committee (2014-present).

7/05 – 7/06        Associate Professor of Psychology & Director of Counseling Services  
7/03 – 7/05        Assistant Professor of Psychology  
Crown College  
St. Bonifacius, MN

### Undergraduate Courses Taught:

Abnormal Psychology; Counseling Psychology; Faith Integration Seminar; Psychology of Addiction; Psychology of Spiritual Development; Research Methods; Theories of Learning and Memory; Theories of Personality; Academic advising.

### Clinical Responsibilities:

Supervision of Masters level therapist and counseling interns, case triage, crisis intervention, and interdisciplinary staff meetings.

### Service:

Promotion & Tenure Committee ('04 – '06), Scholarship Committee ('04 – '06), President's Advisory Board on Cultural Diversity ('04), Sexuality & Relationships Committee ('03).

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7/02 – 7/03                    Assistant Professor of Clinical Psychology  
Institute for the Psychological Sciences  
Arlington, VA

Graduate Courses Taught:

Professional Ethics, Psychopathology, Adult Psychotherapy, Biological Bases of Behavior, Clinical Practicum, Thesis and dissertation direction, Graduate student advising.

Service:

Director, Master of Science Program (4/03-7/03); Chair, Institutional Research Review Board; Vice Chair, Faculty Council; Institutional Effectiveness Committee

9/02 – 7/03                    Clinical Psychologist (Independent Practitioner)  
Catholic Family Clinicians Network,  
Alpha-Omega Clinic and Consultation Services  
Vienna, VA

Clinical Experience: Quality Assurance Manager (11/02 – 7/03); Provided individual and marital therapies integrating spirituality and psychology; Specialization in treatment of addictions, anxiety disorders, and mood disorders

4/01 – 5/02                    Adjunct Clinical Faculty  
Department of Psychology  
Northern Illinois University, DeKalb, IL

Graduate Courses: Psychotherapy Practicum; Served on student thesis and dissertation committees.

9/99 – 6/02                    Research Associate  
Center for the Study of Family Violence and Sexual Assault  
Northern Illinois University, DeKalb, IL

Healthy Families Illinois program evaluation

- Managed all aspects of data collection process for a 1.2million dollar grant-funded study of the effectiveness of parent training methods.

Effects of Assault History on Long-term Readiness of Naval Recruits

- Supervised all aspects of implementing a multi-million dollar longitudinal study of the effectiveness of sexual assault intervention training programs for U.S. Navy personnel.

9/99 – 6/02                    Clinical Psychologist (Independent Practitioner)  
Crossroads Counseling Center  
DeKalb, IL

Clinical Experience: Served on Board of Directors (9/01-6/02); Provided psychological evaluations and conducted therapy for individuals and couples; Provided clinical supervision for master's level therapists; Specialized in integration of spirituality with psychological interventions for addictions, anxiety disorders, and mood disorders.

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9/97 – 9/99

Post-Doctoral Fellow

Center for the Study of Family Violence and Sexual Assault  
Anxiety Disorders Service/Psychological Services Center  
Northern Illinois University, DeKalb, IL

Clinical Experience: Conducted structured clinical interviews; Implemented empirically-validated group and individual therapy for anxiety disorders; Supervised graduate students in a university clinic setting; Provided emergency on-call services and crisis management consultation.

Research Experience: Participated in development of a psychoeducational intervention to reduce incidents of sexual assault among Naval recruits; Supervised implementation of primary prevention sexual assault intervention; Managed all aspects of a large (N=11,000) database

8/94 - 8/96

Behavior Consultant (inpatient facility for developmentally disabled adults)  
Bethesda Lutheran Home, Aurora, IL

Clinical Experience: Served on an interdisciplinary team (nursing, pastoral care, psychiatry, and social work); Created and implemented behavior programs for residents; Supervised direct-care staff; Provided psychological assessments; Directed Human Rights Committee meetings

1/92 - 5/93

Instructor

Department of Psychology  
Northern Illinois University, DeKalb, IL

Courses Taught: Experimental Psychology – perception/ psychophysics, senior research projects.

## **RESEARCH PROGRAM**

### Current Research:

Dyslin, C. & Thomsen, C. J. (manuscript in preparation). Heavy episodic alcohol use and alcohol use problems among college students: What is the role of religious affiliation and orientation?  
In this study 763 university undergraduates completed a battery of anonymous questionnaires including the Michigan Alcoholism Screening Test, self-reported number of binge drinking episodes in the previous two weeks, and the Religious Life Inventory. Results showed that among the 90% of our sample who currently drank, 29% had MAST scores suggesting the presence of an alcohol use disorder and 58% reported at least one binge episode in the past 2 weeks. The adherents of proscriptive denominations in our sample (i.e., conservative Protestants) compared to other affiliation groups, were most likely to abstain and least likely to report both problem drinking and binge drinking. Final regression models indicated that women and African Americans were less likely than men and Caucasians to report problem drinking behavior based upon MAST scores, and individuals high in extrinsic religiosity were more likely than those lower in extrinsic religiosity to exhibit binge drinking, but no religiosity variable significantly predicted MAST scores after demographic controls.

Transgender identity development. I am currently exploring identity development in trans\* lesbians (female persons who identify under the “transgender umbrella” as male-to-female transsexuals, genderqueer women, bi-gender trans women, or transgender women, and who are emotionally, romantically or sexually attracted to other women). Specifically, I’m interested in how trans\* lesbians’

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identity development may be affected by religious beliefs, spiritual development, generation, and ethnic culture.

Thesis and Dissertation Research:

8/94 to 9/96    Dissertation Research

Title: The Behavior of Caregivers and the Potential for Child Abuse: A Control-Theoretic View.  
Dissertation Director: Wayne Hershberger, Ph.D.

5/92 - 7/93    Master's Thesis Research

Title: Child Care From a Control Theory Perspective.  
Thesis Director: Wayne Hershberger, Ph.D.

**PUBLICATIONS**

- Dyslin, C.W. & Thomsen, C. J. (2011). Religiosity of young adults: Does childhood maltreatment make a difference? *Mental Health, Religion & Culture, 14*(7), 625-631.
- Dyslin, C.W. (2008). The power of powerlessness: The role of spiritual surrender and interpersonal confession in addiction treatment. *Journal of Psychology and Christianity, 27*(1), 41-55.
- Dyslin, C.W. & Thomsen, C. J. (2005). Religiosity and risk of perpetrating child physical abuse: An empirical investigation. *Journal of Psychology and Theology, 33*, 291-298.
- Dyslin, C.W. (1998). Perceptual control theory: A model of volitional behavior in accord with the ideas of Alfred Adler. *Individual Psychology, 54*, 24-40.
- Merrill, L.L, Stander, V., Rau, T.J., Thomsen, C. J., Dyslin, C. W., Crouch, J.L., Rabenhorst, M.M. & Milner, J.S. (2010). Development and evaluation of a manualized sexual assault education/prevention program for male U.S. Navy personnel. *Military Medicine, 175*(6), 429-434.
- Milner, J. S., Thomsen, C. J., Crouch, J. L., Rabenhorst, M. M., Martens, P. M., Dyslin, C. W., Guimond, J. M., Stander, V. A., & Merrill, L. L. (2010). Do trauma symptoms mediate the relationship between childhood physical abuse and adult abuse risk? *Child Abuse & Neglect, 34*, 332-344.
- O'Donohue, W., & Dyslin, C. (1996). Abortion, boxing, and Zionism: Politics and the APA. *New Ideas in Psychology, 14*, 1-10.
- O'Donohue, W., & Dyslin, C. (1996). Reply to our commentators. *New Ideas in Psychology, 14*, 31-33.
- Rau, T.J., Merrill, L.L, McWhorter, S.K., Stander, V., Thomsen, C. J., Dyslin, C. W., Crouch, J.L., Rabenhorst, M.M. & Milner, J.S. (2011). Evaluation of a sexual assault education/prevention program for female U.S. Navy personnel. *Military Medicine, 176*(10), 1178-1183.

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Rau, T. J., Merrill, L. L., McWhorter, S. K., Stander, V. A., Thomsen, C. J., Dyslin, C. W., Crouch, J. L., Rabenhorst, M., & Milner, J. S. (2009). Evaluation of a sexual assault education/prevention program for female U.S. Navy personnel (NHRC Tech. Rep. No. 09-10). San Diego, CA: Naval Health Research Center.

Rau, T. J., Merrill, L. L., McWhorter, S. K., Stander, V. A., Thomsen, C. J., Dyslin, C. W., Crouch, J. L., Rabenhorst, M., & Milner, J. S. (2008). Development and evaluation of a sexual assault education/prevention program for male U.S. Navy personnel (NHRC Tech. Rep. No. 08-45). San Diego, CA: Naval Health Research Center.

## **PRESENTATIONS**

Dyslin, C. W. & Thomsen, C. J. (2010, May). *Religiosity and alcohol use among college students*. Poster presented at the 81<sup>st</sup> annual meeting of the Midwestern Psychological Association, Chicago, IL.

Dyslin, C. W., & Thomsen, C.J. (2009, August). *The influence of child maltreatment on subsequent religiosity*. Poster presented at the 117<sup>th</sup> annual convention of the American Psychological Association, Toronto, Ontario, Canada.

Dyslin, C.W. (2005, April). *Alcohol abuse: An overview of Social, Psychological, and Spiritual factors*. Radio interview broadcast (4/05/05, 6:30 p.m., EST) on the program "Healthy Minds, Healthy Souls," WUST 1120-AM, Washington, DC.

Dyslin, C.W. (2005, April). *Alcohol abuse: Family and relationship issues*. Radio interview broadcast (4/06/05, 6:30 p.m., EST) on the program "Healthy Minds, Healthy Souls," WUST 1120-AM, Washington, DC.

Dyslin, C.W., Hershberger, W.A., & Thurman, D.L. (1996, May). *Using a computer-modeled infant to measure the caregiving behavior of a high-risk caregiver*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago.

Dyslin, C.W., & Hershberger, W.A. (1994, May). *Child care and the potential for abuse*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago.

Johnson, E. J., Appleby, D., Puccio, P., Tuskenis, A., & Dyslin, C. (2010, May). *Capstone courses and program portfolios in undergraduate teaching*. Roundtable discussion presented at the 81<sup>st</sup> annual meeting of the Midwestern Psychological Association, Chicago, IL.

Johnson, E. J., Appleby, D., Tuskenis, A., & Dyslin, C. (2010, March). *Capstone courses and program portfolios?* Roundtable discussion presented at the 17<sup>th</sup> annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Johnson, E. J., Tuskenis, A. & Dyslin, C. (2011, August). *Efficacy of a New Capstone Course in an Undergraduate Psychology Program*. Poster presented at the 119<sup>th</sup> annual convention of the American Psychological Association, Washington, DC.

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- Johnson, E. J., Tuskenis, A., Dyslin, C., & Wright, D. (2008, May). *Benchmarking an undergraduate psychology program on the APA learning goals: The road to a quality program?* Poster presented at the 80<sup>th</sup> annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Miroballi, J., Johnson, E. J., Dyslin, C.W. & Tuskenis, A.D. (2011, May). *Outcomes of a New Capstone Course in Undergraduate Psychology*. Poster presented at the 82nd annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Rabenhorst, M. M., Milner, J. S., Thomsen, C. T., Crouch, J. L., Martens, P. M., Dyslin, C. W., Guimond, J. M., Stander, V. A., & Merrill, L. L. (2010, November). *Do trauma symptoms mediate the relationship between childhood physical abuse and adult child abuse risk?* Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Tuskenis, A., Johnson, E. J., Dyslin, C., Blount, C. & Covic, M. (2011, May). *Teaching Ethics and Values in Undergraduate Psychology*. Symposium presented at the 82<sup>nd</sup> annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Tuskenis, A. Johnson, J., Dyslin, C., & Blount, C. (2011, March). *Teaching ethics and values in undergraduate psychology*. Symposium presented at the 18th annual Midwest Institute of Students and Teachers of Psychology, Glen Elyn, IL.